

**Rail Transport for Wales Milford Haven - Cardiff Central**

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**Direction**  
 Milford Haven — Cardiff Central  
 25 stops  
[Open route schedule](#)

- Milford Haven
- Johnston (Pembrokeshire)
- Haverfordwest
- Clarbeston Road
- Clunderwen
- Whitland
- Carmarthen
- Ferryside
- Kidwelly
- Pembrey & Burry Port
- Llanelli
- Gowerton
- Swansea
- Llansamlet
- Skewen
- Neath
- Briton Ferry
- Baglan
- Port Talbot Parkway
- Pyle
- Bridgend

Route schedule  
 Milford Haven — Cardiff Central

Monday	20:35-20:38
Tuesday	20:35-20:38
Wednesday	20:35-20:38
Thursday	20:35-20:38
Friday	—
Saturday	—
Sunday	21:35

Route info  
 Direction: Milford Haven  
 Stops: 25  
 Trip Duration: 3 hour 21 min



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Barry

Cadoxton

Cardiff Central

**Direction**

Milford Haven — Cardiff Central

24 stops

[Open route schedule](#)

Milford Haven

Johnston (Pembrokeshire)

Haverfordwest

Clarbeston Road

Clunderwen

Whitland

Carmarthen

Ferryside

Kidwelly

Pembrey &amp; Burry Port

Llanelli

Gowerton

Swansea

Llansamlet

Skewen

Neath

Briton Ferry

Baglan

Port Talbot Parkway

Pyle

Bridgend

Pontyclun

Ninian Park

Cardiff Central

## Route schedule

Milford Haven — Cardiff Central

Monday 05:54-20:38

Tuesday 05:54-20:38

Wednesday 05:54-20:38

Thursday 05:54-20:38

Friday 05:54-20:38

Saturday 05:56-20:38

Sunday 21:35

## Route info

Direction: Milford Haven

Stops: 24

Trip Duration: 3 hour 3 min

Transport for Wales Rail time schedules and route maps are available in an offline PDF at [busmaps.com](https://busmaps.com). Use the [busmaps.com](https://busmaps.com) website to see live bus times, train schedule or subway schedule, and step-by-step directions for all public transit in Port Talbot

The schedule is provided in the local timezone. Times with "(+1)" indicate departures on the next day.

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