

Rail Sunrail

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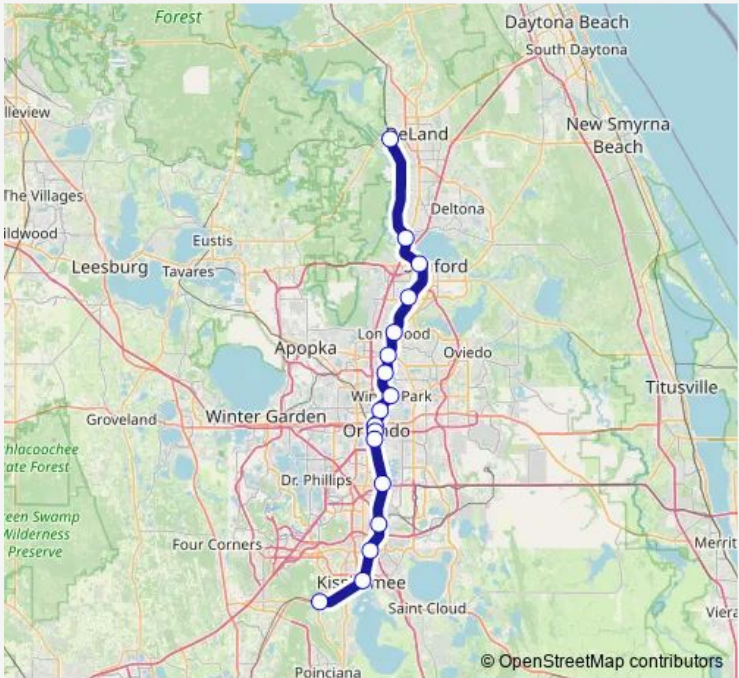
**Direction**  
 Poinciana — Deland  
 17 stops  
[Open route schedule](#)

- Poinciana
- Kissimmee
- Tupperware
- Meadow Woods
- Sand Lake Road
- Orlando Health/Amtrak
- Church Street
- Lynx Central
- Adventhealth
- Winter Park
- Maitland
- Altamonte Springs
- Longwood
- Lake Mary
- Sanford
- Debarry
- Deland

Route schedule  
 Poinciana — Deland

Monday	05:45-21:55
Tuesday	05:45-21:55
Wednesday	05:45-21:55
Thursday	05:45-21:55
Friday	05:45-21:55
Saturday	—
Sunday	—

Route info  
 Direction: Poinciana  
 Stops: 17  
 Trip Duration: 1 hour 41 min



**Direction**

Deland — Poinciana

17 stops

[Open route schedule](#)

Deland

Debary

Sanford

Lake Mary

Longwood

Altamonte Springs

Maitland

Winter Park

Adventhealth

Lynx Central

Church Street

Orlando Health/Amtrak

Sand Lake Road

Meadow Woods

Tupperware

Kissimmee

Poinciana

## Route schedule

Deland — Poinciana

Monday	05:06-23:06
Tuesday	05:06-23:06
Wednesday	05:06-23:06
Thursday	05:06-23:06
Friday	05:06-23:06
Saturday	—
Sunday	—

## Route info

Direction: Deland

Stops: 17

Trip Duration: 1 hour 43 min

Sunrail Rail time schedules and route maps are available in an offline PDF at [busmaps.com](http://busmaps.com). Use the [busmaps.com](http://busmaps.com) website to see live bus times, train schedule or subway schedule, and step-by-step directions for all public transit in Orlando

The schedule is provided in the local timezone. Times with "(+1)" indicate departures on the next day.

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