

## Bus J Hyde Park-Poughkeepsie (M-Sat)

[Go to website](#)

### Direction

FDR Home — Main St & Market St

7 stops

[Open route schedule](#)

FDR Home

Hyde Park Stop & Shop

Shoprite & Winslow Gate Road

Mid-Hudson Regional Hospital

Washington Street & Mansion Street (Interfaith Towers)

Poughkeepsie Train Station

Main St & Market St

### Route schedule

FDR Home — Main St & Market St

Monday 06:45-19:45

Tuesday 06:45-19:45

Wednesday 06:45-19:45

Thursday 06:45-19:45

Friday 06:45-19:45

Saturday —

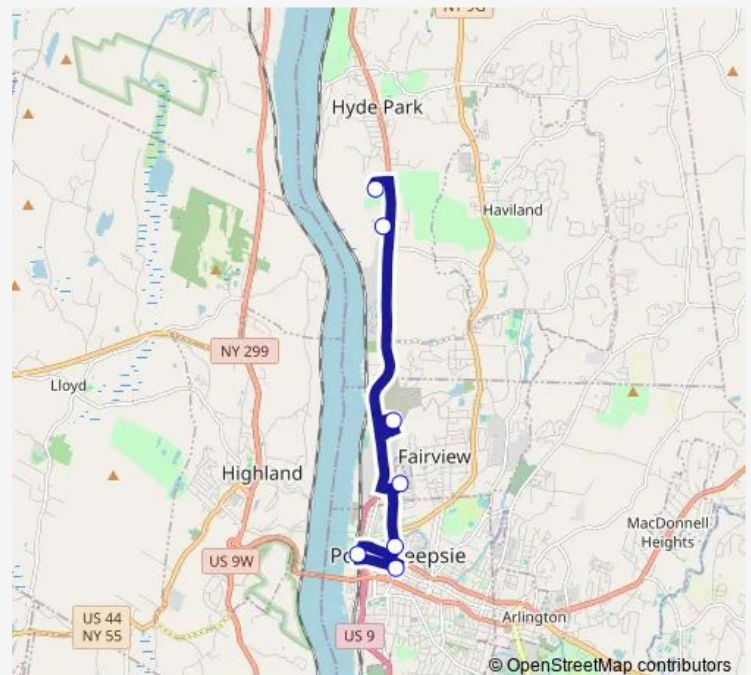
Sunday —

### Route info

Direction: FDR Home

Stops: 7

Trip Duration: 0 hour 33 min



J — Hyde Park-Poughkeepsie (M-Sat)

## Direction

Hyde Park Stop & Shop — Main St & Market St

6 stops

[Open route schedule](#)

Hyde Park Stop & Shop

Shoprite & Winslow Gate Road

Mid-Hudson Regional Hospital

Washington Street & Mansion Street (Interfaith Towers)

Poughkeepsie Train Station

Main St & Market St

## Route schedule

Hyde Park Stop & Shop — Main St & Market St

Monday	—
Tuesday	—
Wednesday	—
Thursday	—
Friday	—
Saturday	06:45-19:45
Sunday	—

## Route info

Direction: Hyde Park Stop & Shop

Stops: 6

Trip Duration: 0 hour 28 min

**Direction**

FDR Home — Main St &amp; Market St

7 stops

[Open route schedule](#)

FDR Home

Hyde Park Stop &amp; Shop

Shoprite &amp; Winslow Gate Road

Mid-Hudson Regional Hospital

Washington Street &amp; Mansion Street (Interfaith Towers)

Poughkeepsie Train Station

Main St &amp; Market St

## Route schedule

FDR Home — Main St &amp; Market St

Monday	—
Tuesday	—
Wednesday	—
Thursday	—
Friday	—
Saturday	08:40-18:40
Sunday	—

## Route info

Direction: FDR Home

Stops: 7

Trip Duration: 0 hour 33 min

J Bus time schedules and route maps are available in an offline PDF at [busmaps.com](https://busmaps.com). Use the [busmaps.com](https://busmaps.com) website to see live bus times, train schedule or subway schedule, and step-by-step directions for all public transit in Poughkeepsie

The schedule is provided in the local timezone. Times with "(+1)" indicate departures on the next day.

PDF file created on 2025-01-16

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