

# Bus 144 SFU/Metrotown Station

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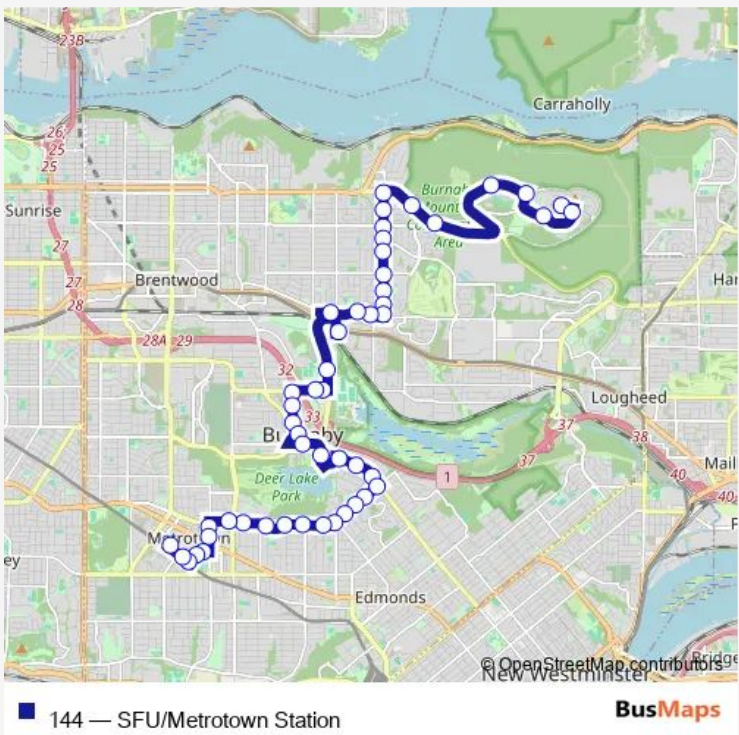
**Direction**  
 Metrotown Station @ Bay 14 — SFU Transit Exchange @ Bay 4  
 42 stops  
[Open route schedule](#)

- Metrotown Station @ Bay 14
- Eastbound Central Blvd @ 4500 Block
- Northbound Bonsor Ave @ Central Blvd
- Northbound Nelson Ave @ Bennett St
- Northbound Nelson Ave @ Newton St
- Eastbound Dover St @ Nelson Ave
- Eastbound Oakland St @ Royal Oak Ave
- Eastbound Oakland St @ Denbigh Ave
- Eastbound Oakland St @ Dufferin Ave
- Eastbound Oakland St @ Waltham Ave
- Eastbound Oakland St @ Gilley Ave
- Eastbound Oakland St @ Brantford Ave
- Eastbound Burris St @ Leibly Ave
- Eastbound Burris St @ Braemar Ave
- Eastbound Burris St @ Buckingham Ave
- Northbound Canada Way @ Burris St
- Southbound Sperling Ave @ Canada Way
- Northbound Deer Lake Ave @ Heritage Village
- Westbound Deer Lake Ave @ Rowan Ave
- Bus Loop @ Burnaby City Hall
- Northbound Norland Ave @ Canada Way

Route schedule  
 Metrotown Station @ Bay 14 — SFU Transit Exchange @ Bay 4

Monday	05:31-00:21 <sup>+1</sup>
Tuesday	05:31-00:21 <sup>+1</sup>
Wednesday	05:31-00:21 <sup>+1</sup>
Thursday	05:31-00:21 <sup>+1</sup>
Friday	05:31-00:21 <sup>+1</sup>
Saturday	05:59-00:20 <sup>+1</sup>
Sunday	07:05-00:20 <sup>+1</sup>

**Route info**  
 Direction: Metrotown Station @ Bay 14  
 Stops: 42  
 Trip Duration: 0 hour 41 min



Northbound Norland Ave @ Ledger Ave

Eastbound Sprott St @ Norland Ave East

Eastbound Sprott St @ Kensington Ave

Northbound Kensington Ave @ Joe Sakic Way

Sperling Station @ Bay 2

Eastbound Broadway @ Kensington Ave

Eastbound Broadway @ Sperling Ave

Eastbound Broadway @ Ellerslie Ave

Eastbound Broadway @ E Ellerslie Ave

Northbound Duthie Ave @ Broadway

Northbound Duthie Ave @ Montecito Dr

Northbound Duthie Ave @ Sutliff St

Northbound Duthie Ave @ Halifax St

Northbound Duthie Ave @ Greystone Dr

Northbound Duthie Ave @ Curtis St

Northbound Duthie Ave @ Union St

Eastbound Hastings St @ Duthie Ave

Eastbound Burnaby Mountain Parkway @ Burnwood Ave

Eastbound Burnaby Mountain Parkway @ Curtis St

SFU Transportation Centre @ Bay 2

SFU Transit Exchange @ Bay 4

## Direction

SFU Transit Exchange @ Bay 4 — Metrotown Station @ Bay 1

50 stops

[Open route schedule](#)

SFU Transit Exchange @ Bay 4

Southbound Tower Rd @ University High Street

Westbound S Campus Rd @ Science Rd

SFU Transportation Centre @ Bay 1

Westbound University Dr W @ W Campus Rd

Westbound Burnaby Mountain Parkway @ Curtis St

Westbound Burnaby Mountain Parkway @ Burnwood Ave

Southbound Duthie Ave @ Hastings St

Southbound Duthie Ave @ Union St

Southbound Duthie Ave @ Curtis St

Southbound Duthie Ave @ Ridley Dr

Southbound Duthie Ave @ Kitchener St

Southbound Duthie Ave @ Halifax St

Southbound Duthie Ave @ Camarillo Place

Southbound Duthie Ave @ Gibson St

Southbound Duthie Ave @ Broadway

Westbound Broadway @ Bainbridge Ave

Westbound Broadway @ Cliff Ave

Westbound Broadway @ Sperling Ave

Sperling Station @ Bay 2

Southbound Kensington Ave @ Joe Sakic Way

Westbound Sprott St @ Kensington Ave

Westbound Sprott St @ Norland Ave East

Southbound Norland Ave @ Sprott St West

## Route schedule

SFU Transit Exchange @ Bay 4 — Metrotown Station @ Bay 1

Monday 05:38-00:34<sup>+1</sup>

Tuesday 05:38-00:34<sup>+1</sup>

Wednesday 05:38-00:34<sup>+1</sup>

Thursday 05:38-00:34<sup>+1</sup>

Friday 05:38-00:34<sup>+1</sup>

Saturday 06:40-00:28<sup>+1</sup>

Sunday 07:40-00:30<sup>+1</sup>

## Route info

Direction: SFU Transit Exchange @ Bay 4

Stops: 50

Trip Duration: 0 hour 53 min

Southbound Norland Ave @ Kincaid St

Southbound Deer Lake Parkway @ Canada Way

Bus Loop @ Burnaby City Hall

Eastbound Deer Lake Ave @ Rowan Ave

Southbound Deer Lake Ave @ Shadbolt Centre

Eastbound Canada Way @ Sperling Ave

Eastbound Canada Way @ Rugby St

Southbound Canada Way @ Haszard St

Westbound Burris St @ Canada Way

Westbound Burris St @ Buckingham Ave

Westbound Burris St @ Braemar Ave

Westbound Burris St @ Malvern Ave

Westbound Oakland St @ Walker Ave

Westbound Oakland St @ Brantford Ave

Westbound Oakland St @ Gilley Ave

Westbound Oakland St @ Waltham Ave

Westbound Oakland St @ Dufferin Ave

Westbound Oakland St @ Oakdale Rd

Westbound Dover St @ Royal Oak Ave

Southbound Nelson Ave @ Grange St

Southbound Nelson Ave @ Hazel St

Westbound Bennett St @ Nelson Ave

Southbound Bonsor Ave @ Bennett St

Westbound Central Blvd @ Bonsor Ave

Westbound Central Blvd @ 4500 Block

Metrotown Station @ Bay 1

144 Bus time schedules and route maps are available in an offline PDF at [busmaps.com](https://busmaps.com). Use the [busmaps.com](https://busmaps.com) website to see live bus times, train schedule or subway schedule, and step-by-step directions for all public transit in Burnaby

The schedule is provided in the local timezone. Times with "(+1)" indicate departures on the next day.

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