

Bus 144 SFU/Metrotown Station

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Direction
 Metrotown Station @ Bay 14 — SFU Transit Exchange @ Bay 4
 42 stops
[Open route schedule](#)

- Metrotown Station @ Bay 14
- Eastbound Central Blvd @ 4500 Block
- Northbound Bonsor Ave @ Central Blvd
- Northbound Nelson Ave @ Bennett St
- Northbound Nelson Ave @ Newton St
- Eastbound Dover St @ Nelson Ave
- Eastbound Oakland St @ Royal Oak Ave
- Eastbound Oakland St @ Denbigh Ave
- Eastbound Oakland St @ Dufferin Ave
- Eastbound Oakland St @ Waltham Ave
- Eastbound Oakland St @ Gilley Ave
- Eastbound Oakland St @ Brantford Ave
- Eastbound Burris St @ Leibly Ave
- Eastbound Burris St @ Braemar Ave
- Eastbound Burris St @ Buckingham Ave
- Northbound Canada Way @ Burris St
- Southbound Sperling Ave @ Canada Way
- Northbound Deer Lake Ave @ Heritage Village
- Westbound Deer Lake Ave @ Rowan Ave
- Bus Loop @ Burnaby City Hall
- Northbound Norland Ave @ Canada Way

Route schedule
 Metrotown Station @ Bay 14 — SFU Transit Exchange @ Bay 4

Monday	05:31-00:21 ⁺¹
Tuesday	05:31-00:21 ⁺¹
Wednesday	05:31-00:21 ⁺¹
Thursday	05:31-00:21 ⁺¹
Friday	05:31-00:21 ⁺¹
Saturday	05:59-00:20 ⁺¹
Sunday	07:05-00:20 ⁺¹

Route info
 Direction: Metrotown Station @ Bay 14
 Stops: 42
 Trip Duration: 0 hour 50 min



Northbound Norland Ave @ Ledger Ave

Eastbound Sprott St @ Norland Ave East

Eastbound Sprott St @ Kensington Ave

Northbound Kensington Ave @ Joe Sakic Way

Sperling Station @ Bay 2

Eastbound Broadway @ Kensington Ave

Eastbound Broadway @ Sperling Ave

Eastbound Broadway @ Ellerslie Ave

Eastbound Broadway @ E Ellerslie Ave

Northbound Duthie Ave @ Broadway

Northbound Duthie Ave @ Montecito Dr

Northbound Duthie Ave @ Sutliff St

Northbound Duthie Ave @ Halifax St

Northbound Duthie Ave @ Greystone Dr

Northbound Duthie Ave @ Curtis St

Northbound Duthie Ave @ Union St

Eastbound Hastings St @ Duthie Ave

Eastbound Burnaby Mountain Parkway @ Burnwood Ave

Eastbound Burnaby Mountain Parkway @ Curtis St

SFU Transportation Centre @ Bay 2

SFU Transit Exchange @ Bay 4

Direction

SFU Transit Exchange @ Bay 4 — Metrotown Station @ Bay 1

50 stops

[Open route schedule](#)

SFU Transit Exchange @ Bay 4

Southbound Tower Rd @ University High Street

Westbound S Campus Rd @ Science Rd

SFU Transportation Centre @ Bay 1

Westbound University Dr W @ W Campus Rd

Westbound Burnaby Mountain Parkway @ Curtis St

Westbound Burnaby Mountain Parkway @ Burnwood Ave

Southbound Duthie Ave @ Hastings St

Southbound Duthie Ave @ Union St

Southbound Duthie Ave @ Curtis St

Southbound Duthie Ave @ Ridley Dr

Southbound Duthie Ave @ Kitchener St

Southbound Duthie Ave @ Halifax St

Southbound Duthie Ave @ Camarillo Place

Southbound Duthie Ave @ Gibson St

Southbound Duthie Ave @ Broadway

Westbound Broadway @ Bainbridge Ave

Westbound Broadway @ Cliff Ave

Westbound Broadway @ Sperling Ave

Sperling Station @ Bay 2

Southbound Kensington Ave @ Joe Sakic Way

Westbound Sprott St @ Kensington Ave

Westbound Sprott St @ Norland Ave East

Southbound Norland Ave @ Sprott St West

Route schedule

SFU Transit Exchange @ Bay 4 — Metrotown Station @ Bay 1

Monday 05:38-00:34⁺¹

Tuesday 05:38-00:34⁺¹

Wednesday 05:38-00:34⁺¹

Thursday 05:38-00:34⁺¹

Friday 05:38-00:34⁺¹

Saturday 06:40-00:28⁺¹

Sunday 07:40-00:30⁺¹

Route info

Direction: SFU Transit Exchange @ Bay 4

Stops: 50

Trip Duration: 0 hour 46 min

Southbound Norland Ave @ Kincaid St

Southbound Deer Lake Parkway @ Canada Way

Bus Loop @ Burnaby City Hall

Eastbound Deer Lake Ave @ Rowan Ave

Southbound Deer Lake Ave @ Shadbolt Centre

Eastbound Canada Way @ Sperling Ave

Eastbound Canada Way @ Rugby St

Southbound Canada Way @ Haszard St

Westbound Burris St @ Canada Way

Westbound Burris St @ Buckingham Ave

Westbound Burris St @ Braemar Ave

Westbound Burris St @ Malvern Ave

Westbound Oakland St @ Walker Ave

Westbound Oakland St @ Brantford Ave

Westbound Oakland St @ Gilley Ave

Westbound Oakland St @ Waltham Ave

Westbound Oakland St @ Dufferin Ave

Westbound Oakland St @ Oakdale Rd

Westbound Dover St @ Royal Oak Ave

Southbound Nelson Ave @ Grange St

Southbound Nelson Ave @ Hazel St

Westbound Bennett St @ Nelson Ave

Southbound Bonsor Ave @ Bennett St

Westbound Central Blvd @ Bonsor Ave

Westbound Central Blvd @ 4500 Block

Metrotown Station @ Bay 1

144 Bus time schedules and route maps are available in an offline PDF at busmaps.com. Use the busmaps.com website to see live bus times, train schedule or subway schedule, and step-by-step directions for all public transit in Burnaby

The schedule is provided in the local timezone. Times with "(+1)" indicate departures on the next day.

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